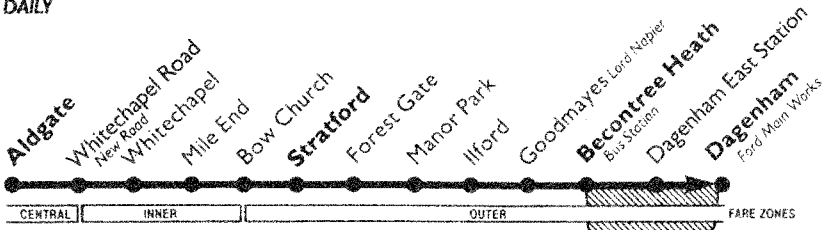




Please have your fare ready to **PAY THE DRIVER**



Mon-Fri special journeys only

### Mondays to Fridays

Aldgate Station	06:52	07:10	07:27	07:37	07:47	07:57	08:17	08:38	08:59
Mile End Gate	09:15	09:23	09:37	15:57	16:13	16:33	17:42	17:52	18:02
Mile End Station	07:03	07:21	07:39	07:49	07:59	08:09	08:25	08:46	09:06
Bow Church	07:06	07:24	07:43	07:53	08:03	08:13	08:33	08:54	09:14
Stratford Broadway	06:58	07:11	07:29	07:49	07:59	08:09	08:19	08:29	09:00
Forest Gate Green Street	07:05	07:18	07:37	07:57	08:07	08:17	08:27	08:47	09:08
Manor Park Broadway	07:06	07:21	07:40	08:00	08:10	08:20	08:30	08:50	09:11
Ilford Broadway	05:18	05:31	06:05	06:48	07:04	07:17	08:06	08:36	08:56
Goodmayes Lord Naper	05:28	05:41	06:02	06:15	06:25	06:37	07:04	07:12	07:24
Becontree Heath Bus Station	05:34	05:49	06:09	06:21	06:32	06:45	07:12	07:20	07:32
Dagenham East Station	05:41	06:02					07:47	08:07	08:27
Dagenham Ford Main Works	05:50	06:37						08:47	09:17

**Additional buses, Mondays to Fridays:** Aldgate Station to Goodmayes Lord Naper (continuing to Seven Kings Garage via Goodmayes Road) at 08:07 and 08:27; Stratford Broadway (starting from Plastow Broadway via West Ham Lane) to Becontree Heath Bus Station at 07:20 and 07:38; Stratford Broadway (starting from Stratford Bus Station) to Becontree Heath Bus Station at 16:20 and 16:40; Goodmayes Lord Naper (starting from Seven Kings Garage via Ilford High Rd. & Green Lane) to Becontree Heath Bus Stn at 15:36, 16:17 & 16:37.

### Saturdays

Aldgate Station	07:07	07:37	08:07	08:37	09:07	09:27	09:42	09:57	10:12
Mile End Gate	07:13	07:43	08:13	08:43	09:15	09:35	09:50	10:05	10:20
Mile End Station	07:17	07:47	08:17	08:47	09:20	09:46	09:55	10:10	10:25
Bow Church	07:20	07:50	08:20	08:50	09:24	09:44	09:59	10:14	10:29
Stratford Broadway	05:26	05:56	06:26	06:56	07:26	07:41	07:56	08:11	08:26
Forest Gate Green Street	05:33	06:03	06:33	07:03	07:33	07:48	08:03	08:18	08:33
Manor Park Broadway	05:35	06:05	06:35	07:05	07:35	07:50	08:05	08:20	08:35
Ilford Broadway	05:40	06:10	06:41	07:11	07:41	07:56	08:11	08:26	08:41
Goodmayes Lord Naper	05:50	06:20	06:51	07:21	07:51	08:06	08:21	08:36	08:51
Becontree Heath Bus Station	05:57	06:27	06:59	07:29	07:59	08:14	08:29	08:44	08:59

UNTIL 17:20 17:35 17:48 18:01 18:15 18:31 18:46 18:01 18:18 18:33 18:48 18:06 18:22 18:36 18:51 19:06 19:21 19:36 19:51 20:06 20:21 20:36 20:51 21:06 21:21 21:36 21:51 22:06 22:21 22:36 22:51 23:06 23:21 23:36 23:51

### Sundays (and National Public Holidays)

Aldgate Station	07:51	08:21	08:51	09:21	09:43	10:01	10:13	10:28	10:43
Mile End Gate	07:57	08:27	08:57	09:27	09:51	10:09	10:21	10:36	10:51
Mile End Station	08:01	08:31	09:01	09:31	09:56	10:14	10:26	10:41	10:56
Bow Church	08:04	08:34	09:04	09:34	09:59	10:17	10:29	10:44	10:59
Stratford Broadway	06:09	06:39	07:09	07:39	08:09	08:29	08:39	08:56	09:09
Forest Gate Green Street	06:10	06:16	06:46	07:16	07:46	08:16	08:36	08:46	09:03
Manor Park Broadway	06:12	06:18	06:48	07:18	07:48	08:18	08:38	08:48	09:05
Ilford Broadway	06:17	06:23	06:53	07:23	07:53	08:23	08:43	08:53	09:10
Goodmayes Lord Naper	B	06:33	07:03	07:33	08:03	08:33	B	09:03	B
Becontree Heath Bus Station	06:40	07:10	07:40	08:10	08:40	09:10	09:42	10:14	10:59

A - Continues to Seven Kings Garage via Ilford High Road. B - Continues to Ilford High Road Harlow Street.  
 C - Continues to or starts from Plastow Broadway via Green Street. d - Time at Becontree Heath Merry Fiddlers.  
 F - Starts from Plastow Broadway via West Ham Lane. H - Starts from Stratford Bus Station.  
 J - Starts from Seven Kings Garage via Ilford High Road and Green Lane.