225

DAILY

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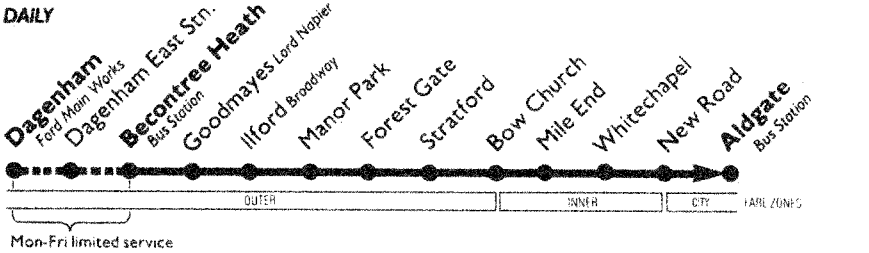

Mondays to Fridays

Dagenham *Ford Main Works*	....	....	0611	....	0642	....	....	....	....	....	....	....	....	....	....	....	....	....
Dagenham East Station ⊖	....	....	0621		0652													
Becontree Heath *Bus Station*	0553	0613	0630	D0647	0701	D0712	0725	0739	0759	0819	0839	0901	0916	0937			1437	1457
Goodmayes *Lord Napier*	0601	0621	0637	0655	0708	0720	0733	0752	0812	0832	0852	0914	0929	0947			1447	1507
Ilford Broadway	0610	0630	0646	0704	0717	0729	0746	0806	0826	0846	0906	0928	0941	0958	Then		1458	1518
Manor Park Broadway	0617	0637	0653	0711	0724	0736	0754	0814	0834	0854	0914	0936	0948	1005	every		1505	1525
Forest Gate *Green Street*	0619	0639	0655	0713	0726	0738	0758	0818	0838	0858	0918	0940	0951	1008	20		1508	1528
Stratford Broadway	0625	0645	0701	0719	0732	0752	0812	0832	0852	0912	0932	0954	0958	1015	minutes		1515	1535
Bow Church	0631	0651	0707	0725	0740	0800	0820	0840	0900	0920	0940	1001	G	1022	until		1522	1541
Mile End Station ⊖	0635	0655	0711	0729	0746	0806	0826	0846	0906	0926	0946	1005	....	1026			1526	1545
Mile End Gate	0639	0659	0715	0733	0753	0813	0833	0853	0913	0933	0952	1011	....	1032			1532	1551
Aldgate Station ⊖	0646	0706	0722	0742	0802	0822	0842	0902	0922	0942	1001	1020	....	1041			1541	1600

Becontree Heath *Bus Station*	1519	1538	1601	1618	1638	1655	1712	1732	1752	1812	1832	1852	1904	1932	1952	2012	2042	2112
Goodmayes *Lord Napier*	1529	1550	1613	1630	1650	1707	1724	1744	1804	1824	1841	1901	1913	1940	2000	2020	2050	F
Ilford Broadway	1540	1602	1625	1642	1702	1719	1736	1756	1816	1836	1851	1911	1923	1949	2009	2029	2059	....
Manor Park Broadway	1547	1609	1632	1649	1709	1726	1743	1803	1823	1843	1858	1918	1930	1956	2016	2036	2106	....
Forest Gate *Green Street*	1550	1612	1635	1652	1712	1729	1746	1806	1826	1846	1901	1921	1932	1958	2018	2038	2108	....
Stratford Broadway	1557	1619	1642	1659	1719	1736	1753	1813	1833	1853	1908	1928	B	2004	2024	....	2114	....
Bow Church	1603	1625	1648	1705	1725	1742	1759	1819	1839	A	1914	1934	....	G	G	....	G	....
Mile End Station ⊖	1607	1629	1652	1709	1729	1746	1803	1823	1843	....	1917	1937	....	....	....	....	....	....
Mile End Gate	1613	1635	1657	1714	1734	1751	1808	1828	1848	....	1922	1942	....	....	....	....	....	....
Aldgate Station ⊖	1622	1644	1704	1721	1741	1758	1815	1835	1855	....	1929	1949	....	....	....	....	....	....

Additional bus, Mondays to Fridays: Ilford *Town Hall* to Aldgate Station at 1425.

Saturdays

Becontree Heath *Bus Station*	0601	0627	0647	0707	0727	0747	0807	....	0826	....	0844	0903	0918	0932	0947	1002	1017	1032
Goodmayes *Lord Napier*	0609	0635	0655	0715	0735	0755	0815	H	0834	C	0852	0914	0929	0943	0958	1013	1028	1043
Ilford Broadway	0619	0645	0705	0725	0745	0805	0825	0827	0844	0851	0902	0924	0939	0954	1009	1024	1039	1054
Manor Park Broadway	0626	0652	0712	0732	0752	0812	0832	0834	0851	0858	0909	0931	0946	1002	1017	1032	1047	1102
Forest Gate *Green Street*	0628	0654	0714	0734	0754	0814	0834	0836	0853	0900	0912	0934	0949	1005	1020	1035	1050	1105
Stratford Broadway	0634	0700	0720	0740	0800	0820	0840	0842	0859	0907	0919	0941	0956	1012	1027	1042	1057	1112
Bow Church	A	A	A	A	A	A	A	0848	0905	0914	0926	0948	1003	1019	1034	1049	1104	1119
Mile End Station ⊖	....	....	....	....	....	....	....	0851	0908	0917	0929	0951	1006	1022	1037	1052	1107	1122
Mile End Gate	....	....	....	....	....	....	....	0855	0913	0922	0934	0956	1011	1027	1042	1057	1112	1127
Aldgate Station ⊖	....	....	....	....	....	....	....	0902	0920	0929	0941	1003	1018	1034	1049	1104	1119	1134

Becontree Heath *Bus Station*	1047		02	17	32	47		1617	1632	1647	1702	1717	1732	1747	1802	1832	1902	1924	....
Goodmayes *Lord Napier*	1058	Then	13	28	43	58		1628	1643	1658	1713	1728	1743	1758	1810	1840	1910	1932	H
Ilford Broadway	1109	at	24	39	54	09		1639	1654	1709	1724	1739	1754	1807	1819	1849	1919	1941	1950
Manor Park Broadway	1117	these	32	47	02	17		1647	1702	1717	1732	1747	1802	1814	1826	1856	1926	1948	1957
Forest Gate *Green Street*	1120	mins.	35	50	05	20	UNTIL	1650	1705	1720	1735	1750	1805	1816	1828	1858	1928	1950	1959
Stratford Broadway	1127	past	42	57	12	27		1657	1712	1727	1742	B	1811	1822	1834	1904	1934	1956	2005
Bow Church	1134	each	49	04	19	34		1704	1719	A	1749	....	1817	G	A	A	A	A	G
Mile End Station ⊖	1137	hour	52	07	22	37		1707	1722	....	1752	....	1820	....	....	....	....	....	....
Mile End Gate	1142		57	12	27	42		1712	1727	....	1757	....	1825	....	....	....	....	....	....
Aldgate Station ⊖	1149		04	19	34	49		1719	1734	....	1804	....	1832	....	....	....	....	....	....

Sundays (and National Public Holidays)

Becontree Heath *Bus Station*	0642	0724	....	0749	0809	0829	0847	0905	0924				1304	1324			1744	1804	1824
Goodmayes *Lord Napier*	0651	0733	C	0758	0818	0838	0856	0914	0933				1313	1333			1753	1813	1833
Ilford Broadway	0659	0741	0754	0806	0826	0846	0904	0922	0941		Then		1321	1341		Then	1801	1821	1841
Manor Park Broadway	0705	0747	0800	0812	0832	0852	0910	0928	0947		every		1327	1347		every	1807	1827	1847
Forest Gate *Green Street*	0707	0749	0802	0814	0834	0854	0912	0930	0950		20		1330	1350		20	1810	1830	1850
Stratford Broadway	0713	0755	0808	0820	0840	0900	0918	0936	0956		minutes		1336	1356		minutes	1816	1836	1856
Bow Church	A	0800	A	0825	0845	0905	0923	0942	1002		until		1342	1402		until	1822	G	A
Mile End Station ⊖	....	0803	....	0828	0848	0908	0926	0945	1005				1345	1405			1825	....	....
Mile End Gate	....	0810	....	0835	0855	0915	0933	0952	1012				1352	1410			1830	....	....
Aldgate Station ⊖	....	0816	....	0841	0901	0921	0939	0959	1019				1359	1417			1837	....	....

Becontree Heath *Bus Station*	1844	1904	....	1924	1944	1954	2004	2024	2044	2104	2124	2144	2204	2234	2249	2304	2324	2354
Goodmayes *Lord Napier*	1853	1913	H	1933	1953	2003	2013	2033	2053	2113	2133	2153	2213	2243	F	2313	F	F
Ilford Broadway	1901	1921	1937	1941	2001	2011	2021	2041	2101	2121	2141	2201	2221	2251	....	2321	....	....
Manor Park Broadway	1907	1927	1943	1947	2007	2017	2027	2047	2107	2127	2147	2207	2227	2257	....	2327	....	....
Forest Gate *Green Street*	1910	1930	1946	1950	2010	2020	2030	2050	2110	2130	2150	2210	2230	2300	....	2330	....	....
Stratford Broadway	1916	1936	1952	1956	2016	2026	2036	2056	2116	2136	2156	2216	2236	2306	....	2336	....	....
	G	A	A	G	A	A	G	G	A	A	A	A	A	A		G		

A - Continues to Stratford *Bus Station*.
B - Continues to West Ham Garage via Green Street.
C - Starts from Seven Kings Garage via Ilford High Road.
D - Time at Becontree Heath *Merry Fiddlers*.
F - Continues to Seven Kings Garage via Goodmayes Road.
G - Continues to West Ham Garage via West Ham Lane.
H - Starts from Ilford *Town Hall*.

This timetable is published as a guide to the general level of service, and timings are in many cases approximate. Every effort is made to maintain the scheduled service but this may from time to time be impossible owing to circumstances beyond London Transport's control. At Public Holiday times some services are altered and others do not run at all - see notices on buses or telephone 01-222 1234 (day or night). No services run on Christmas Day.

225 DAILY

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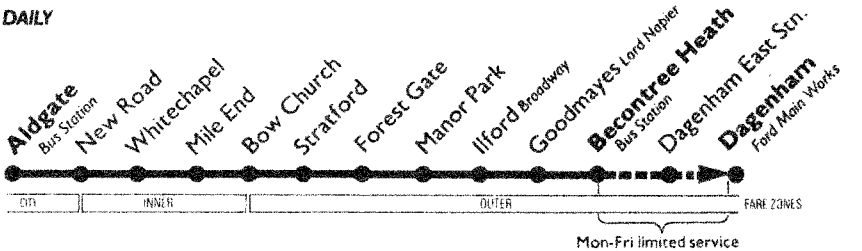

Mondays to Fridays

Aldgate Station ⊖	....	....	....	....	....	....	....	....	....	0651	0711	0727		0907	0927	0947		1407
Mile End Gate	....	....	....	....	....	....	....	....	....	0659	0719	0735		0915	0935	0956		1416
Mile End Station ⊖	....	....	....	....	....	....	....	....	....	0703	0723	0739	Then	0919	0941	1002	Then	1422
Bow Church	....	....	....	G	....	....	G	G	0706	0726	0744	every	0924	0945	1006	every	1426
Stratford *Bus Station*	....	B	....	....	0542	....	....	0637	0657	0712	0732	0750	20	0930	0951	1012	20	1432
Forest Gate *Green Street*	....	0502	....	....	0551	....	....	0646	0706	0721	0741	0759	mins.	0939	1000	1021	minutes	1441
Manor Park Broadway	....	0504	....	....	0553	....	....	0648	0708	0723	0744	0802	until	0942	1003	1024	until	1444
Ilford Broadway	....	0511	....	....	0600	....	....	0655	0715	0730	0751	0809		0949	1010	1031		1451
Goodmayes *Lord Napier*	....	0521	F	F	0610	F	F	0705	0725	0740	0801	0819		0959	1020	1041		1501
Becontree Heath *Bus Station*		0529D	0548	0608	0618D	0642	0702	0714	0734	0750	0811	0829		1009	1030	1051		1511
Dagenham East Station ⊖	....	0538	....	....	0627	....	....	....	....	....	....	....		....	....	....		....
Dagenham *Ford Main Works*		0548	....	....	0637	....	....	....	....	....	....	....		....	....	....		....

Aldgate Station ⊖	1428	1449	1506	1522	1538	1551	1610		1730	1746	1806	1825	....	1847	1908	1939	2009	....
Mile End Gate	1437	1458	1515	1531	1548	1601	1620		1740	1756	1816	1833	....	1855	1916	1947	2017	....
Mile End Station ⊖	1443	1504	1521	1537	1555	1608	1627	Then	1747	1803	1823	1838	....	1900	1921	1951	2021	....
Bow Church	1447	1508	1525	1542	1600	1613	1632	every	1752	1808	1828	1842	....	1904	1924	1954	2024	....
Stratford *Bus Station*	1453	1514	1531	1549	1607	1620	1640	20	1800	1816	1836	1848	1901	1910	1930	2000	2030	....
Forest Gate *Green Street*	1502	1523	1540	1558	1616	1629	1649	mins.	1809	1825	1845	1857	1910	1919	1939	2009	2039	2045
Manor Park Broadway	1505	1526	1543	1601	1619	1634	1654	until	1814	1830	1848	1900	1913	1921	1941	2011	2041	2047
Ilford Broadway	1512	1533	1550	1608	1626	1644	1704		1824	1840	1856	1908	1921	1928	1948	2018	2048	2054
Goodmayes *Lord Napier*	1522	1545	1602	1620	1638	1656	1716		1836	1850	C	1918	C	1938	1958	2028	2058	C
Becontree Heath *Bus Station*	1533	1556	1613	1631	1649	1707	1727		1847	1859	..	1927	..	1947	2007	2037	2107	..

Saturdays

Aldgate Station ⊖	....	....	....	....	....	....	....	....	....	....	....	....	....	....	0907	0925	0939	0954
Mile End Gate	....	....	....	....	....	....	....	....	....	....	....	....	....	....	0915	0933	0947	1002
Mile End Station ⊖	....	....	....	....	....	....	....	....	....	....	....	....	....	....	0919	0937	0951	1006
Bow Church	....	....	....	G	....	....	....	....	....	....	....	....	....	....	0922	0940	0954	1009
Stratford *Bus Station*	....	....	....	0622	0642	B	0722	0742	B	0802	0822	0842	0902	0913	0928	0947	1001	1016
Forest Gate *Green Street*	....	....	....	0631	0651	0711	0731	0751	0801	0811	0831	0851	0911	0922	0937	0956	1010	1025
Manor Park Broadway	....	....	....	0633	0653	0713	0733	0753	0803	0813	0833	0853	0913	0924	0939	0958	1013	1028
Ilford Broadway	....	....	....	0640	0700	0720	0740	0800	0810	0820	0840	0900	0920	0931	0946	1005	1020	1035
Goodmayes *Lord Napier*	....	F	F	0650	0710	0730	0750	0810	E	0830	0850	0910	0930	0941	0957	1017	1032	1047
Becontree Heath *Bus Station*	0556	0618	0638	0658	0718	0738	0758	0818	....	0838	0858	0919	0939	0950	1007	1027	1042	1057

Aldgate Station ⊖	1009			1354	1401	1409		1654	1709	....	1725	1750	1809	....	1837	....	....	....
Mile End Gate	1017			1402	1409	1417		1702	1717	....	1733	1758	1817	....	1845	....	....	....
Mile End Station ⊖	1021		Then	1406	1413	1421	Then	1706	1721	....	1737	1802	1821	....	1849	....	....	....
Bow Church	1024		every	1409	1416	1424	every	1709	1724	....	1740	1805	1824	....	1852	....	....	....
Stratford *Bus Station*	1031		15	1416	1423	1431	15	1716	1731	1738	1747	1812	1830	1842	1858	1912	1942	2012
Forest Gate *Green Street*	1040		minutes	1425	1432	1440	mins.	1725	1740	1747	1756	1821	1839	1851	1907	1921	1951	2021
Manor Park Broadway	1043		until	1428	1435	1443	until	1728	1743	1750	1759	1823	1841	1853	1909	1923	1953	2023
Ilford Broadway	1050			1435	1442	1450		1735	1750	1757	1806	1830	1848	1900	1916	1930	2000	2030
Goodmayes *Lord Napier*	1102			1447	1454	1502		1747	C	C	1816	1840	C	1910	C	E	C	C
Becontree Heath *Bus Station*	1112			1457	1504	1512		1757	..	..	1825	1849	..	1919	..	..	..	..

Sundays (and National Public Holidays)

Aldgate Station ⊖	....	....	....	....	....	....	....	0828	0848	0908	0926	0944			1344	1405		1845
Mile End Gate	....	....	....	....	....	....	....	0834	0854	0914	0932	0952			1352	1413		1853
Mile End Station ⊖	....	....	....	....	....	....	....	0838	0858	0918	0937	0957	Then	1357	1417	Then	1857
Bow Church	....	G	G	....	....	G	....	0841	0901	0921	0940	1000	every	1400	1420	every	1900
Stratford *Bus Station*	0606	0646	....	0726	....	0806	0826	0846	0906	0926	0946	1006	20	1406	1426	20	1906
Forest Gate *Green Street*	0613	0653	....	0733	....	0813	0833	0853	0913	0933	0953	1013	minutes	1413	1433	mins.	1913
Manor Park Broadway	0615	0655	....	0735	....	0815	0835	0855	0915	0936	0956	1016	until	1416	1436	until	1916
Ilford Broadway	0621	0701	....	0741	....	0821	0841	0901	0921	0942	1002	1022		1422	1442		1922
Goodmayes *Lord Napier*	0628	0708	F	0748	F	0828	0848	0908	0928	0950	1010	1030		1430	1450		1930
Becontree Heath *Bus Station*	0637	0717	0737	0757	0821	0837	0857	0917	0937	0959	1019	1039		1439	1459		1939

		G	G					G							
Stratford *Bus Station*	....	1911	1926	1946	1956	2006	2026	2046	2106	2126	2146	2206	2226	2246	2316
Forest Gate *Green Street*	....	1918	1933	1953	2003	2013	2033	2053	2113	2133	2153	2213	2233	2253	2323
Manor Park Broadway	....	1921	1936	1956	2006	2016	2036	2056	2116	2136	2156	2216	2236	2256	2326
Ilford Broadway	....	1927	1942	2002	2012	2022	2042	2102	2122	2142	2202	2222	2242	2302	2332
Goodmayes *Lord Napier*	F	E	1950	2010	C	2030	2050	2110	2130	2150	2210	2230	2250	2310	2340
Becontree Heath *Bus Station*	1949	....	1959	2019	....	2039	2059	2119	2139	2159	2219	2239	2259	2319	2349

B - Starts from West Ham Garage via Green Street.
C - Continues to Seven Kings Garage via Ilford High Road.
D - Time at Becontree Heath *Merry Fiddlers*
E - Continues to Ilford Station *Ley Street*
F - Starts from Seven Kings Garage via Goodmayes Road
G - Starts from West Ham Garage via West Ham Lane.