Hop aboard the Lee Valley Park LeisureBus and take your family out for a real treat...

Ice Skating

Experience the freedom and exhileration of skating on our international-size ice pad under a vast brightly coloured parabolic roof at the Lee Valley Ice Centre. Sessions at 10am-12 noon, 1.30pm-3.30pm and 8pm-10.30pm daily (also 4.30pm-6pm on Tues/Wed/ Thur), £1.50 plus 70p skate hire (free skate hire mornings). £2 evening sessions, Fridays £2.30.

Pitch 'n Putt

Enjoy a round on our fabulous 18 hole pitch 'n putt course. Open daily 9am till dusk. £1.20 a round (senior citizens 60p Monday-Thursday), deposit on clubs £2.

Learn To Ride

Riding Lessons, 'have-a-go sessions', holiday courses, available at the fabulous Lea Bridge Riding School. Advance bookings only, telephone 01-556 2629 for availability.

Learn to Sail

A full range of courses for all standards—dinghys, windsurfing plus canoeing and water ski-ing lessons. Book in advance only, telephone the Banbury Sailing Centre, Chingford on 01-531 1129.

Picketts Lock Leisure Centre

Dozens of activities are available at one of the largest leisure centres in the country. Childrens Fun Holiday Sessions every weekday during school holidays, 10.30am—1pm and 2pm—4pm, Day Ticket £1.40, Half Day 90p.

Countryside Centre

Visit the Historic town of Waltham Abbey and call in at the Lee Valley Park Countryside Centre, where you can find out all about what you can do in the Lee Valley and the Countryside. Open Daily 10am—5pm.

- Courier travels on board every day!
- Bus times are scheduled to link in with session times at the Centres.

Discover Even More of the Lee Valley!

At the Countryside Centre you can join up with the LeisureBus 318 route and continue discovering the Lee Valley Park in the North. There's Boating, a Show Farm, a superb Leisure Pool with wavemakers and



acres of countryside for walking and picnics.

Ask for a LeisureBus 318 Timetable and make a day of it! Pack a picnic and take the family out for a real treat.



Lee Valley Park LeisureBus 333 Timetable

	•		•	
East Ham White Horse	09 10	13 00	13 10	18 45
East Ham Newham Town Hall	09 12	12 58	13 12	18 43
Upton Park Boleyn	09 16	12 50	13 16	18 35
Plaistow Greengate	09 19	12 45	13 19	18 30
Plaistow Station	09 22	12 42	13 22	18 27
Stratford Broadway	09 26	12 36	13 26	18 21
Bow Church	09 31	12 31	13 31	18 16
Mile End Station	09 35	12 27	13 35	18 12
Victoria Park	09 38	12 24	13 38	18 09
Hackney Town Hall	09 45	12 17	13 45	180 2
Clapton Pond	09 51	12 14	13 51	1 7 59
Lee Valley Ice Centre arrive	1 0 00	12 10	<u>1400</u>	17 55
depart	10 00	12 10	15 00	17 55
Leyton Markhouse Rd/Lea Bridge Rd	10 03	12 07	15 03	17 52
Walthamstow St. James Street Station	10 10	12 00	15 10	17 45
Blackhorse Road Station	10 12	1158	15 12	17 43
Walthamstow 'Bell' Forest Road	10 16	11 54	15 16	17 39
Walthamstow 'Crooked Billet'	10 19	1151	15 19	17 36
North Circular Road/Hall Lane				
for Banbury Sailing Centre	10 21	11 49	15 21	17 34
Picketts Lock Centre	10 30	11 40	15 30	17 25
Ponders End High St/Southbury Rd	10 40	1130	15 40	17,15
Waltham Cross Bus Station arrive	1055	↑	15 55	†
depart	10 55	1115	15 55	1700†
arrive	*	11 10	¥	16 10
Waltham Abbey Market Square	1100	Ī	16 00	Ť
Waltham Abbey Countryside Centre	1100*	1105	1602	1605
and Rose Gardens	11 02*	1105	16 02	16 05

* Offers connection onto LeisureBus 318 for Fishers Green, Hayes Hill Farm, Clayton Hill Country Park, Dobbs Weir, Rye House and Lee Valley Leisure Pool. Broxbourne serving Waltham Abbey Countryside Centre at 11.38.

† Offers connection from LeisureBus 318 serving Fishers Green. Hayes Hill Farm. Clayton Hill Country Park. Dobbs Weir. Rye House and Lee Valley Leisure Pool. Broxbourne arriving Waltham Cross Bus Station at 16.51.

Days of Operation of 333: Daily, except Saturdays, from 24th July to 4th September 1988 inclusive.

Low Fares:

A flat fare of only 25p single is charged on the LeisureBus for all passengers. We're sorry but Bus Passes, Travelcards and Capitalcards are not accepted on this special service. LeisureBus 333 is operated by London Buses Leaside District on behalf of the Lee Valley Regional Park Authority.

Further information:

Further information and leaflets on the facilities within the Lee Valley Park can be obtained from: Lee Valley Park. PO Box 88. Enfield. Middx. or ring 0992 700766.