



ZONE 4(5,6)

ZONE 3

ZONE 2

Mondays to Fridays

East Beekton District Centre	0505	0530	0550	0608	0623	...	0639	...	0653	0708	0723	0738	0753	0808	0825	0840	0855	0910
Plaistow Greengate	0516	0541	0601	0619	0634	...	0654	...	0708	0723	0740	0755	0810	0825	0842	0857	0912	0927
Canning Town Hermit Road	0519	0544	0604	0622	0638	...	0658	...	0712	0729	0746	0801	0816	0831	0848	0903	0918	0933
West Ham Station	0523	0548	0608	0626	0643	...	0703	...	0717	0734	0751	0806	0821	0836	0853	0908	0923	0938
Stratford Broadway	0526	0551	0611	0629	0648	0659	0708	0718	0725	0742	0759	0814	0829	0844	0901	0916	0931	0946
Hackney Wick Station	0532	0557	0617	0635	0655	0705	0715	0727	0736	0753	0810	0825	0840	0855	0912	0927	0942	0957
Homerton Hackney Hospital	0535	0600	0620	0640	0700	0710	0723	0735	0744	0801	0818	0833	0848	0903	0920	0935	0950	1005
Hackney Central Station	0539	0604	0624	0645	0705	0715	0730	0742	0751	0808	0825	0840	0855	0910	0927	0942	0957	1012
Stoke Newington Common	0546	0611	0631	0653	0715	0727	0742	0754	0803	0820	0837	0852	0907	0922	0939	0956	1011	1026

East Beekton District Centre	0926	0945	1003		18 33	48 03			1418	1433	1448	1505	1520		35 50	05 20		1735
Plaistow Greengate	0943	1001	1017	Then	32 47	02 17			1432	1447	1502	1519	1534	Then	49 04	19 34		1749
Canning Town Hermit Road	0949	1007	1023	at	38 53	08 23			1438	1453	1508	1525	1540	at	55 10	25 40	U	1755
West Ham Station	0954	1012	1028	these	43 58	13 28			1443	1458	1513	1530	1545	these	00 15	30 45	N	1800
Stratford Broadway	1002	1019	1034	mins.	49 04	19 34	UNTIL		1449	1504	1519	1536	1551	mins.	06 21	36 51	T	1806
Hackney Wick Station	1012	1027	1042	past	57 12	27 42			1457	1512	1527	1544	1559	past	14 29	44 59	I	1814
Homerton Hackney Hospital	1020	1035	1050	each	05 20	35 50			1505	1520	1535	1551	1606	each	21 36	51 06	L	1821
Hackney Central Station	1027	1042	1057	hour	12 27	42 57			1512	1527	1542	1558	1613	hour	28 43	58 13		1828
Stoke Newington Common	1041	1056	1111		26 41	56 11			1526	1541	1556	1611	1627		42 57	12 27		1842

East Beekton District Centre	1752	1810	1828	1846	1908	1928	1948	2008	2028	2048	2108	2128	2148	2213	2235	2305	2335	0005
Plaistow Greengate	1806	1824	1842	1900	1921	1939	1959	2019	2039	2059	2119	2139	2159	2224	2246	2316	2346	0016
Canning Town Hermit Road	1812	1830	1847	1905	1926	1944	2004	2024	2044	2104	2124	2144	2204	2229	2249	2319	2349	0019
West Ham Station	1817	1835	1851	1909	1930	1948	2008	2028	2048	2108	2128	2148	2208	2233	2253	2323	2353	0023
Stratford Broadway	1823	1840	1856	1914	1934	1952	2012	2032	2052	2112	2132	2152	2212	2236	2256	2326	2356	0026
Hackney Wick Station	1831	1846	1902	1920	1940	1958	2018	2038	2058	2118	2138	2158	2218	2242	2302
Homerton Hackney Hospital	1836	1851	1907	1925	1945	2003	2023	2043	2103	2123	2143	2203	2223	2245	2305
Hackney Central Station	1842	1857	1913	1930	1950	2008	2028	2048	2108	2128	2148	2208	2228	2249	2309
Stoke Newington Common	1854	1907	1923	1938	1958	2016	2036	2056	2116	2136	2156	2216	2236	2256	2316

Saturdays

East Beekton District Centre	0530	0553	0613	0631	0651	0710	0730	0750	0810	0830	...	0846	0901	0916	0931	0946	1001	1016
Plaistow Greengate	0541	0604	0624	0642	0702	0722	0742	0802	0822	0842	...	0858	0913	0929	0944	0959	1014	1029
Canning Town Hermit Road	0544	0607	0627	0645	0705	0726	0746	0806	0826	0846	...	0902	0918	0934	0950	1005	1020	1035
West Ham Station	0548	0611	0631	0649	0709	0731	0751	0811	0831	0851	...	0907	0924	0940	0956	1011	1026	1041
Stratford Broadway	0551	0614	0634	0652	0713	0736	0756	0816	0836	0856	0907	0913	0930	0946	1002	1017	1032	1047
Hackney Wick Station	0557	0620	0640	0658	0719	0742	0802	0822	0842	0902	0912	0920	0937	0953	1009	1024	1039	1054
Homerton Hackney Hospital	0600	0623	0643	0701	0724	0747	0807	0827	0847	0907	0917	0927	0944	1000	1016	1031	1046	1101
Hackney Central Station	0604	0627	0647	0706	0729	0752	0812	0832	0852	0912	0922	0933	0950	1006	1022	1037	1052	1107
Stoke Newington Common	0611	0634	0654	0714	0737	0800	0820	0840	0900	0920	0930	0946	1003	1019	1035	1050	1105	1120

East Beekton District Centre	1031			46 01	16 31			1646	1701	1718	1736	1754	1812	1828	1848	1908	1928	1948
Plaistow Greengate	1044	Then		59 14	29 44			1659	1714	1731	1749	1807	1824	1839	1859	1919	1939	1959
Canning Town Hermit Road	1050	at		05 20	35 50			1705	1720	1737	1755	1812	1829	1844	1904	1924	1944	2004
West Ham Station	1056	these		11 26	41 56			1711	1726	1743	1801	1817	1834	1848	1908	1928	1948	2008
Stratford Broadway	1102	minutes		17 32	47 02	UNTIL		1717	1732	1749	1805	1821	1838	1852	1912	1932	1952	2012
Hackney Wick Station	1109	past		24 39	54 09			1724	1739	1756	1811	1827	1844	1858	1918	1938	1958	2018
Homerton Hackney Hospital	1116	each		31 46	01 16			1731	1746	1803	1818	1833	1849	1903	1923	1943	2003	2023
Hackney Central Station	1122	hour		37 52	07 22			1737	1752	1809	1824	1839	1854	1908	1928	1948	2008	2028
Stoke Newington Common	1135			50 05	20 35			1750	1805	1817	1832	1847	1902	1916	1936	1956	2016	2036

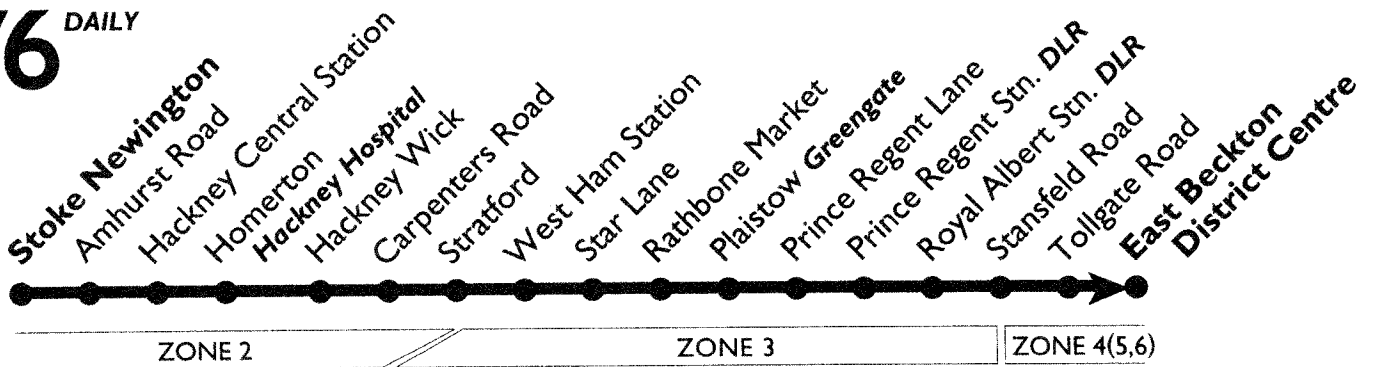
East Beekton District Centre	2008	2028	2048	2108	2128	2148	2213	2235	2305	2335	0005							
Plaistow Greengate	2019	2039	2059	2119	2139	2159	2224	2246	2316	2346	0016							
Canning Town Hermit Road	2024	2044	2104	2124	2144	2204	2229	2249	2319	2349	0019							
West Ham Station	2028	2048	2108	2128	2148	2208	2233	2253	2323	2353	0023							
Stratford Broadway	2032	2052	2112	2132	2152	2212	2236	2256	2326	2356	0026							
Hackney Wick Station	2038	2058	2118	2138	2158	2218	2242	2302							
Homerton Hackney Hospital	2043	2103	2123	2143	2203	2223	2245	2305							
Hackney Central Station	2048	2108	2128	2148	2208	2228	2249	2309							
Stoke Newington Common	2056	2116	2136	2156	2216	2236	2256	2316							

Sundays and Public Holidays

East Beekton District Centre	0805	0835	0905	0935	1005	1035			05 35			1705	1735	1805	1835	1905	1935	2005
Plaistow Greengate	0816	0846	0916	0946	1016	1046	Then		16 46			1716	1746	1816	1846	1916	1946	2016
Canning Town Hermit Road	0821	0851	0921	0951	1021	1051	at		21 51			1721	1751	1821	1851	1921	1951	2021
West Ham Station	0825	0855	0925	0955	1025	1055	these		25 55			1725	1755	1825	1855	1925	1955	2025
Stratford Broadway	0829	0859	0929	0959	1029	1059	minutes		29 59	UNTIL		1729	1759	1829	1859	1929	1959	2029
Hackney Wick Station	0835	0905	0935	1005	1035	1106	past		36 06			1736	1806	1835	1905	1935	2005	2035
Homerton Hackney Hospital	0840	0910	0940	1010	1040	1111	each		41 11			1741	1811	1840	1910	1940	2010	2040
Hackney Central Station	0845	0915	0945	1015	1045	1116	hour		46 16			1746	1816	1845	1915	1945	2015	2045
Stoke Newington Common	0853	0923	0953	1023	1054	1125			55 25			1755	1824	1853	1923	1953	2023	2053

East Beekton District Centre	2035	2105	2135	2205	2235	2305	2335	0005										
Plaistow Greengate	2046	2116	2146	2216	2246	2316	2346	0016										
Canning Town Hermit Road	2051	2121	2151	2221	2249	2319	2349	0019										
West Ham Station	2055	2125	2155	2225	2253	2323	2353	0023										
Stratford Broadway	2059	2129	2159	2229	2256	2326	2356	0026										
Hackney Wick Station	2105	2135	2205	2235	2302										
Homerton Hackney Hospital	2110	2140	2210	2238	2305										
Hackney Central Station	2115	2145	2215	2242	2309										
Stoke Newington Common	2123	2153	2223	2249	2316										

A London Transport service – operated by East London



Mondays to Fridays

Stoke Newington Common	0555	0615	0635	0649	0703	0717	0732	0747	0802	0817	0832	0847	0902	0917
Hackney Central Station	0601	0621	0641	0655	0710	0725	0740	0755	0810	0825	0840	0855	0910	0925
Homerton Hackney Hospital	0605	0625	0646	0700	0715	0732	0747	0802	0817	0832	0847	0902	0917	0932
Hackney Wick Station	0609	0629	0652	0706	0721	0738	0753	0808	0823	0838	0853	0908	0923	0938
Stratford Bus Station $\oplus \neq$ DLR	0455	0515	0535	0555	0615	0635	0658	0713	0729	0746	0801	0816	0831	0846
Stratford Broadway	0457	0517	0537	0557	0617	0638	0701	0716	0733	0750	0805	0820	0835	0850
West Ham Station $\oplus \neq$	0501	0521	0541	0601	0621	0642	0705	0722	0739	0756	0811	0826	0841	0856
Canning Town Hermit Road	0504	0524	0544	0604	0624	0646	0710	0727	0744	0801	0816	0831	0846	0901
Plaistow Greengate	0508	0528	0548	0608	0628	0651	0715	0732	0749	0806	0821	0836	0851	0906
East Beekton District Centre	0519	0539	0559	0619	0639	0705	0729	0746	0803	0820	0835	0850	0905	0920
Stoke Newington Common	0933	0947	02 17	32 47	UNTIL	1402	1417	1432	1447	1503	1518	1533	48 03	18 33
Hackney Central Station	0942	0957	12 27	42 57	UNTIL	1412	1427	1442	1457	1513	1528	1543	58 13	28 43
Homerton Hackney Hospital	0948	1003	18 33	48 03	UNTIL	1418	1433	1448	1503	1519	1534	1550	05 20	35 50
Hackney Wick Station	0954	1009	24 39	54 09	UNTIL	1424	1439	1454	1509	1525	1541	1557	12 27	42 57
Stratford Bus Station $\oplus \neq$ DLR	1002	1017	32 47	02 17	UNTIL	1432	1447	1502	1517	1534	1551	1607	22 37	52 07
Stratford Broadway	1006	1021	36 51	06 21	UNTIL	1436	1451	1506	1521	1538	1555	1611	26 41	56 11
West Ham Station $\oplus \neq$	1012	1027	42 57	12 27	UNTIL	1442	1457	1512	1527	1544	1601	1617	32 47	02 17
Canning Town Hermit Road	1017	1032	47 02	17 32	UNTIL	1447	1502	1517	1532	1550	1607	1623	38 53	08 23
Plaistow Greengate	1023	1038	53 08	23 38	UNTIL	1453	1508	1523	1538	1556	1613	1629	44 59	14 29
East Beekton District Centre	1036	1051	06 21	36 51	UNTIL	1506	1521	1536	1554	1612	1629	1645	00 15	30 45
Stoke Newington Common	1805	1822	1837	1853	1910	1928	1943	2003	2023	2043	2103	2123	2143	2205
Hackney Central Station	1815	1832	1844	1900	1917	1934	1949	2009	2029	2049	2109	2129	2149	2211
Homerton Hackney Hospital	1822	1837	1849	1905	1922	1939	1954	2014	2034	2054	2114	2134	2154	2216
Hackney Wick Station	1829	1842	1854	1910	1927	1944	1959	2019	2039	2059	2119	2139	2159	2221
Stratford Bus Station $\oplus \neq$ DLR	1839	1849	1901	1917	1933	1950	2005	2025	2045	2105	2125	2145	2205	2227
Stratford Broadway	1842	1852	1904	1919	1935	1952	2007	2027	2047	2107	2127	2147	2207	2229
West Ham Station $\oplus \neq$	1847	1857	1909	1923	1939	1956	2011	2031	2051	2111	2131	2151	2211	2233
Canning Town Hermit Road	1852	1902	1914	1927	1943	2000	2015	2035	2055	2115	2135	2155	2215	2236
Plaistow Greengate	1858	1908	1919	1932	1948	2005	2020	2040	2100	2120	2140	2200	2220	2240
East Beekton District Centre	1913	1923	1930	1943	1959	2016	2031	2051	2111	2131	2151	2211	2231	2251

Saturdays

Stoke Newington Common	0620	0638	0658	0718	0737	0756	0816	0836	0853	...	0910	25 40	55 10	1625
Hackney Central Station	0626	0644	0704	0724	0743	0802	0822	0842	0859	...	0917	32 47	02 17	1632
Homerton Hackney Hospital	0630	0648	0708	0729	0748	0807	0827	0847	0904	...	0922	37 52	07 22	1637
Hackney Wick Station	0634	0652	0712	0734	0753	0812	0832	0852	0909	...	0928	43 58	13 28	1643
Stratford Bus Station $\oplus \neq$ DLR	0600	0625	0658	0718	0740	0759	0818	0838	0858	0915	0926	50 05	20 35	1650
Stratford Broadway	0602	0627	0642	0700	0720	0742	0801	0820	0840	0900	0917	54 09	24 39	1654
West Ham Station $\oplus \neq$	0606	0631	0646	0704	0724	0746	0805	0824	0844	0904	0921	0932	0945	1700
Canning Town Hermit Road	0609	0634	0649	0707	0728	0750	0809	0828	0848	0908	0925	0936	0950	1705
Plaistow Greengate	0613	0638	0653	0711	0733	0755	0814	0833	0853	0913	0930	0942	0956	1711
East Beekton District Centre	0624	0649	0704	0722	0745	0807	0826	0845	0905	0925	0942	0955	1009	1724
Stoke Newington Common	1640	1655	1710	1727	1744	1801	1823	43 03	23	UNTIL	2143	2205	2227	2247
Hackney Central Station	1647	1702	1717	1734	1751	1808	1829	49 09	29	UNTIL	2149	2211	2233	2253
Homerton Hackney Hospital	1652	1707	1722	1739	1756	1813	1834	54 14	34	UNTIL	2154	2216	2237	2257
Hackney Wick Station	1658	1713	1728	1745	1802	1819	1839	59 19	39	UNTIL	2159	2221	2241	2301
Stratford Bus Station $\oplus \neq$ DLR	1705	1720	1735	1752	1809	1826	1845	05 25	45	UNTIL	2205	2227	2247	2307
Stratford Broadway	1709	1724	1739	1756	1811	1828	1847	07 27	47	UNTIL	2207	2229	2249	2309
West Ham Station $\oplus \neq$	1715	1730	1745	1802	1817	1832	1851	11 31	51	UNTIL	2211	2233	2253	2313
Canning Town Hermit Road	1720	1735	1750	1807	1822	1837	1855	15 35	55	UNTIL	2215	2236	2256	2316
Plaistow Greengate	1726	1741	1756	1813	1828	1843	1900	20 40	00	UNTIL	2220	2240	2300	2340
East Beekton District Centre	1739	1754	1809	1824	1839	1854	1911	31 51	11	UNTIL	2231	2251	2311	2351

Sundays and Public Holidays

Stoke Newington Common	0805	0835	0905	0935	1005	1035	05 35	1705	1735	1805	1835	1905	1935	2005
Hackney Central Station	0811	0841	0911	0941	1011	1042	12 42	1712	1742	1812	1842	1912	1942	2012
Homerton Hackney Hospital	0816	0846	0916	0946	1016	1047	17 47	1717	1747	1817	1847	1917	1947	2017
Hackney Wick Station	0821	0851	0921	0951	1021	1052	22 52	1722	1752	1822	1852	1922	1952	2022
Stratford Bus Station $\oplus \neq$ DLR	0827	0857	0927	0957	1027	1059	29 59	1729	1759	1829	1859	1929	1959	2029
Stratford Broadway	0829	0859	0929	0959	1029	1101	31 01	1731	1801	1829	1859	1929	1959	2029
West Ham Station $\oplus \neq$	0833	0903	0933	1003	1033	1105	35 05	1735	1805	1833	1903	1933	2003	2033
Canning Town Hermit Road	0837	0907	0937	1007	1037	1109	39 09	1739	1809	1837	1907	1937	2007	2037
Plaistow Greengate	0842	0912	0942	1012	1042	1114	44 14	1744	1814	1842	1912	1942	2012	2042
East Beekton District Centre	0854	0924	0954	1024	1054	1126	56 26	1756	1826	1854	1924	1954	2024	2054
Stoke Newington Common	2035	2105	2135	2207	2237	2307	UNTIL	1705	1735	1805	1835	1905	1935	2005
Hackney Central Station	2041	2111	2141	2213	2243	2313	UNTIL	1712	1742	1812	1842	1912	1942	2012
Homerton Hackney Hospital	2046	2116	2146	2218	2247	2317	UNTIL	1717	1747	1817	1847	1917	1947	2017
Hackney Wick Station	2051	2121	2151	2223	2251	2321	UNTIL	1722	1752	1822	1852	1922	1952	2022
Stratford Bus Station $\oplus \neq$ DLR	2057	2127	2157	2229	2257	2327	UNTIL	1729	1759	1829	1859	1929	1959	2029
Stratford Broadway	2059	2129	2159	2231	2259	2329	UNTIL	1731	1801	1829	1859	1929	1959	2029
West Ham Station $\oplus \neq$	2103	2133	2203	2235	2303	2333	UNTIL	1735	1805	1833	1903	1933	2003	2033
Canning Town Hermit Road	2107	2137	2207	2238	2306	2336	UNTIL	1739	1809	1837	1907	1937	2007	2037
Plaistow Greengate	2112	2142	2212	2242	2310	2340	UNTIL	1744	1814	1842	1912	1942	2012	2042
East Beekton District Centre	2124	2154	2224	2254	2322	2352	UNTIL	1756	1826	1854	1924	1954	2024	2054